

# How to Revise

## *in Six Easy Steps*

A quick guide  
to get you started



The Thomas Hardy Sixth Form





A student revising for exams  
is like an athlete in  
training for a competition.

Training is tailored closely to the requirements of the competition ahead. Athletes maintain and capitalise on their **strengths**, yet work on **areas of weakness** to achieve overall.

\* *Training volume is essential but includes planned recovery time to prevent 'burn out'.*

Sixth  
Form

# Step One *Taking Control*

Appreciate the size of the task ahead without becoming overwhelmed.

Be **realistic** about what you can achieve in the time you have.

Monitor as you go along, **making revision work for you** and not against you.



*Realistic means you will have **less free time.** Not that you will go without free time completely!*

# Step Two *Quality above Quantity*

Whenever you revise,  
it should be quality time  
with full concentration and  
using the most appropriate  
revision method.

Scope the  
**size and**  
**characteristics**  
of your tasks  
by producing  
**systematic lists** of  
what to cover in  
what depth.



Organise time  
so that revision  
periods have a  
**definite finish**  
**time**, giving you  
breaks and time  
for other  
activities.



# *Step Three* *Active Beats* *Passive Revision*

Reading over notes  
and copying material  
is passive and is not an  
effective way to revise

Use active revision techniques  
as shown in our 'how to' cards.



## *Step Four* *Taking Control*

If you monitor your progress regularly, you are able to modify your approach accordingly.

If it seems to be taking you longer than anticipated, you can:  
add more sessions  
change techniques  
be selective and prioritise tasks.

\* Athletes have a high degree of **self-awareness**, to respond to training and **optimise** their performance.

## *Step Five* *Ready, Steady, Excel!*

When waiting to enter the exam, do not look back on what you haven't done. Instead, remember all you can influence is the future.



Read the exam paper carefully, remember your **timings** and respect the questions (**don't waste time** judging them as boring or badly phrased.)



# *Step Six* *Success & Taking Your Next Steps*

Allow yourself time for rest  
& to **celebrate** your  
achievements.

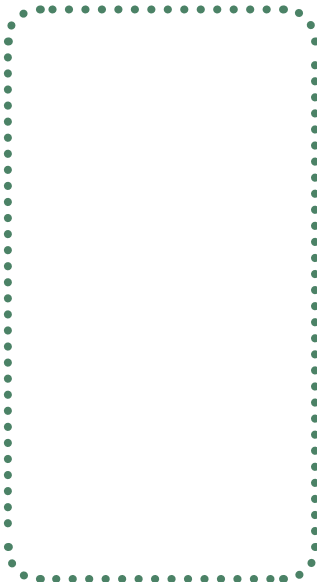
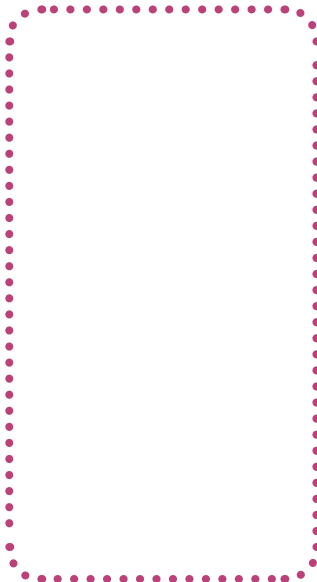
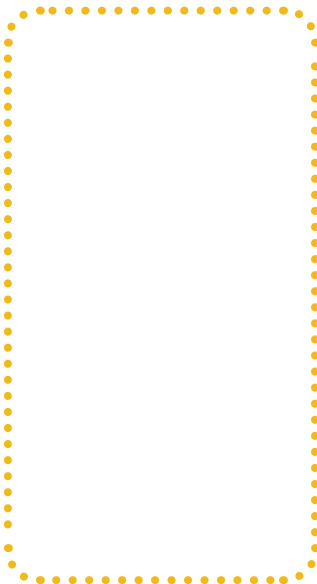
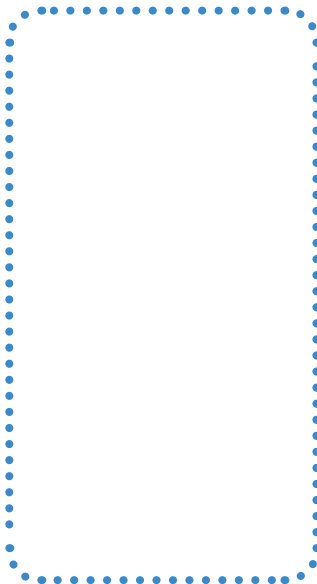
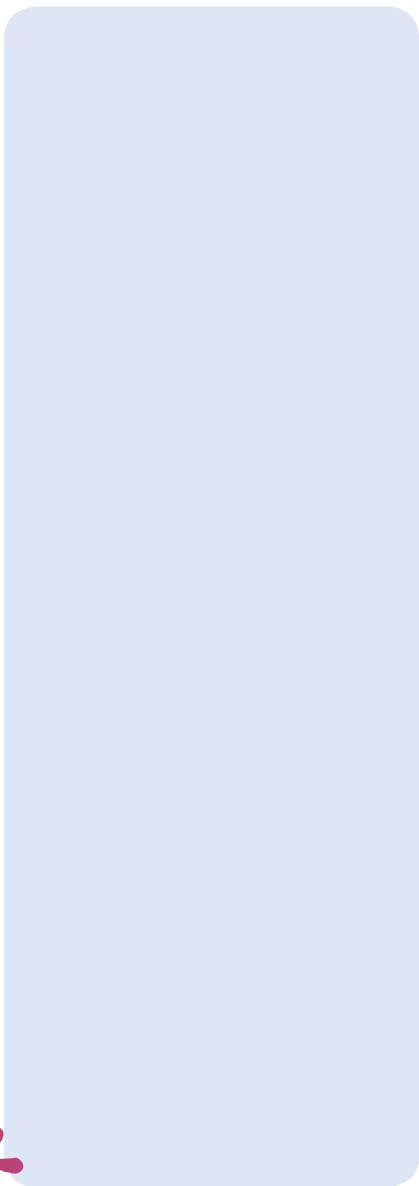
Enjoy the excitement and  
preparations ready for your  
next steps!





revision lists

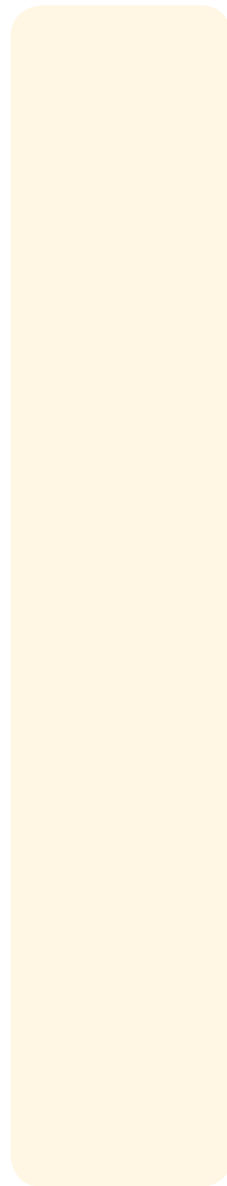
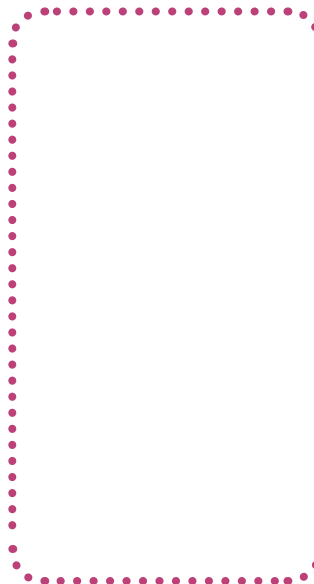
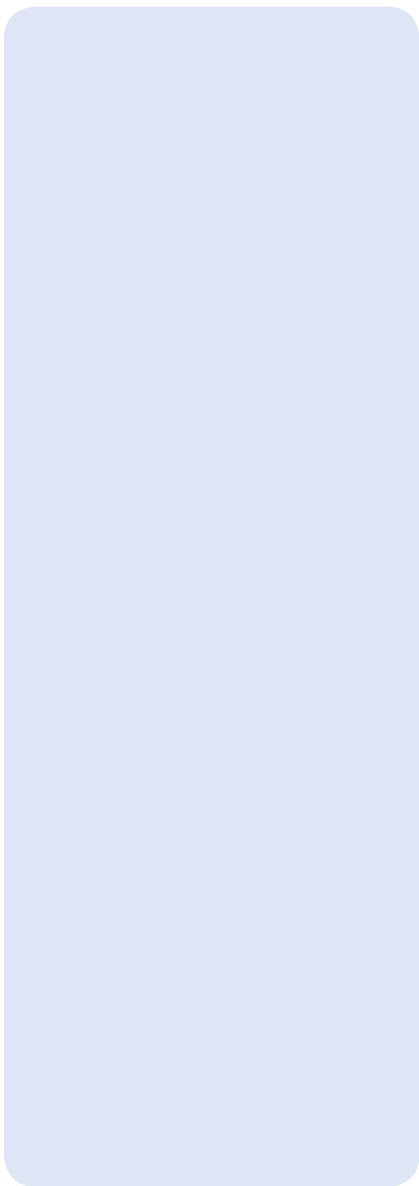
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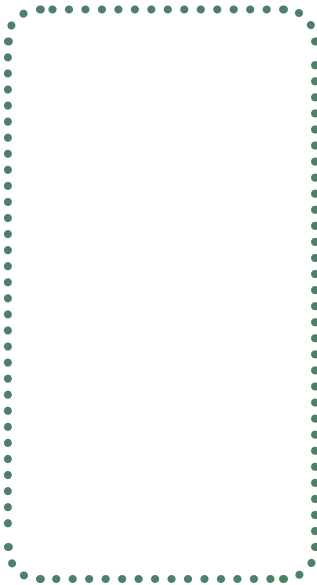
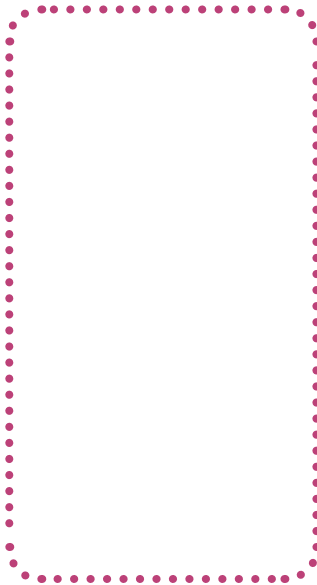
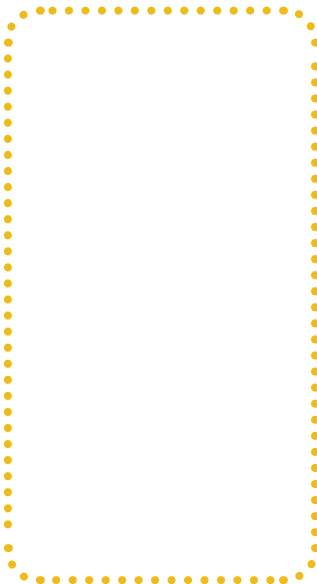
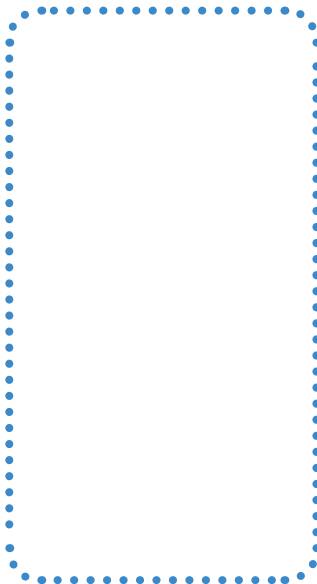
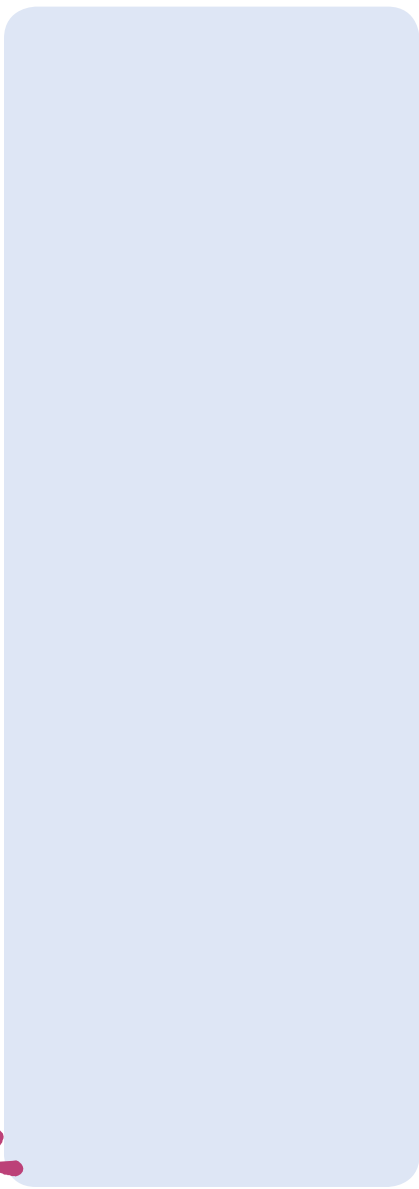
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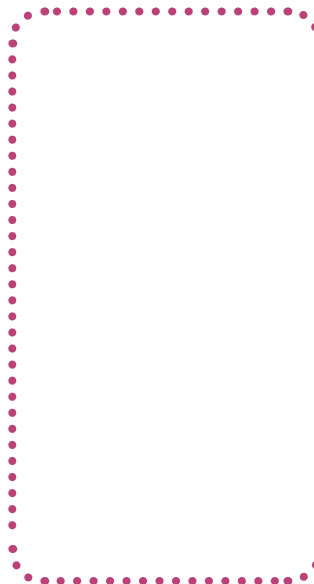
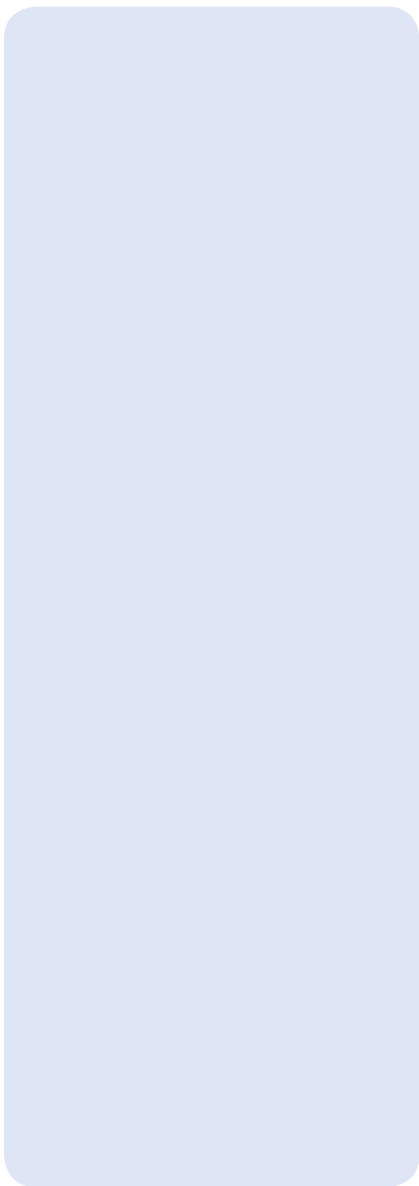
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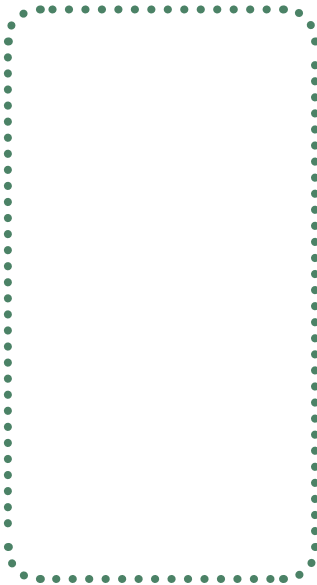
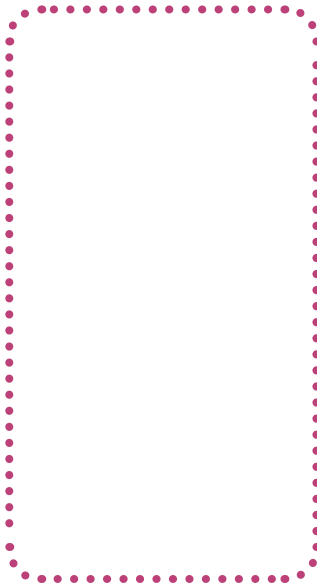
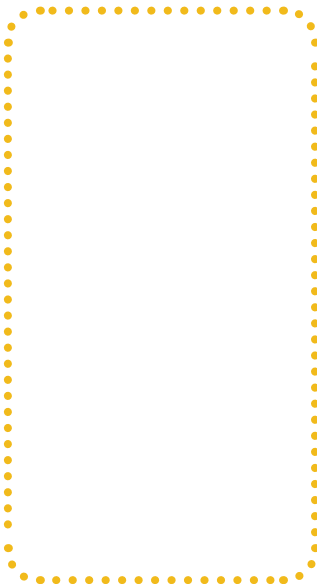
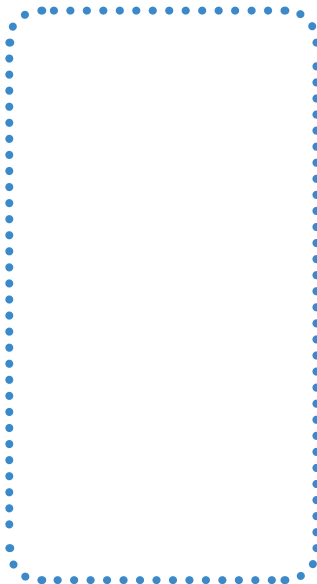
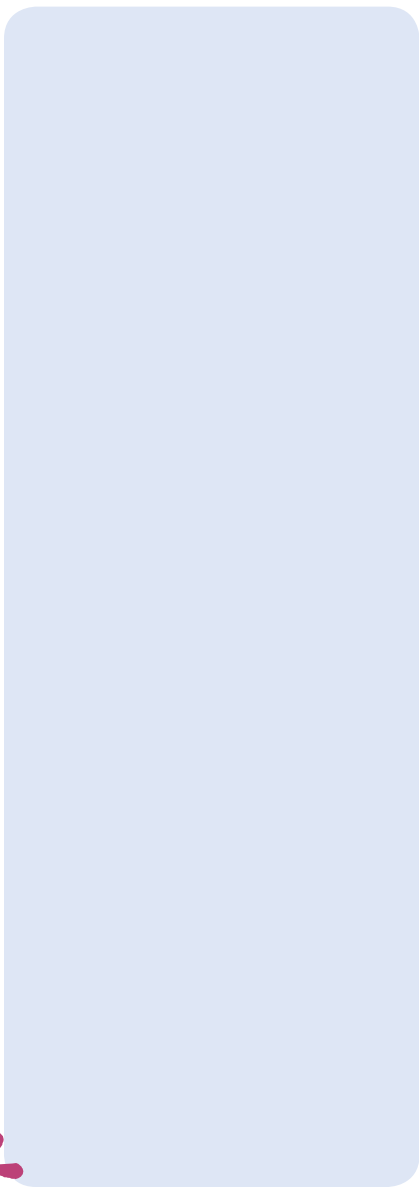
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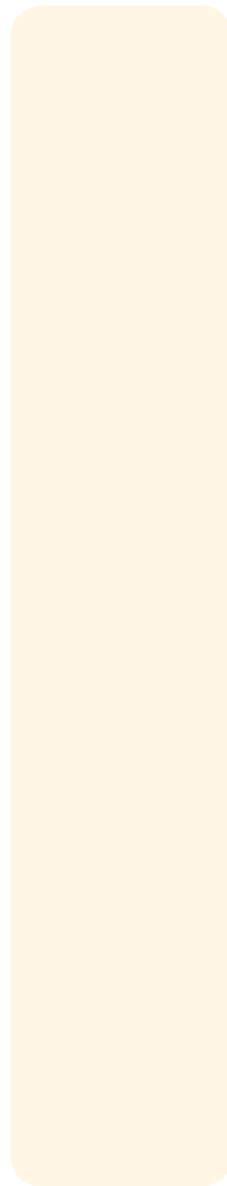
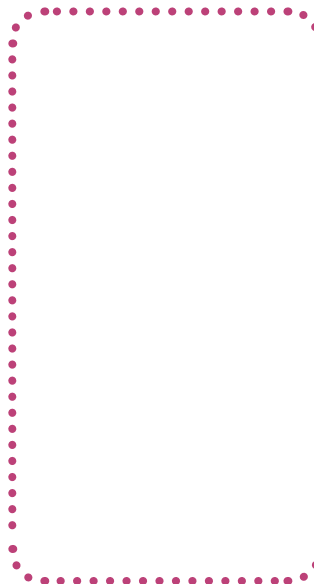
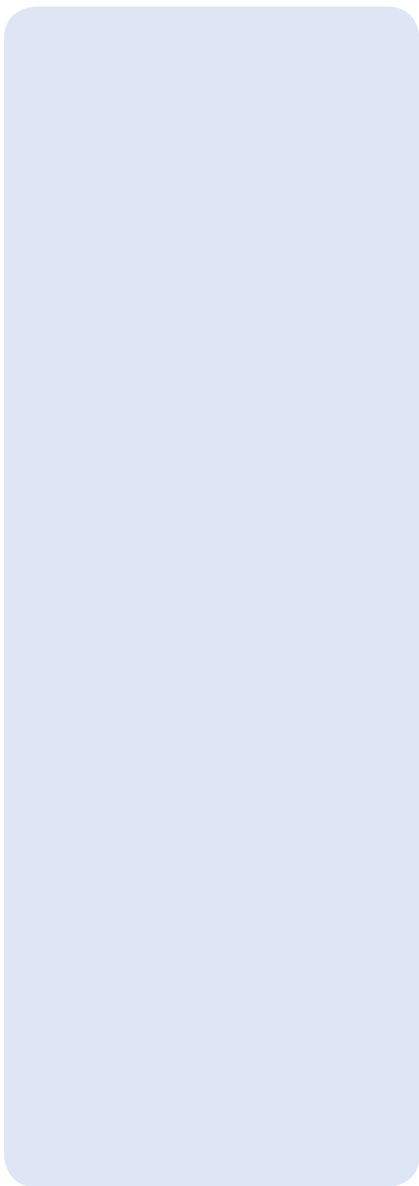
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revision lists

*Subject*.....



# March 2017

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

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*Sunday*

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6	7	8	9	10	11	12
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27	28	29	30	31		

# April 2017

*Monday*

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# May 2017

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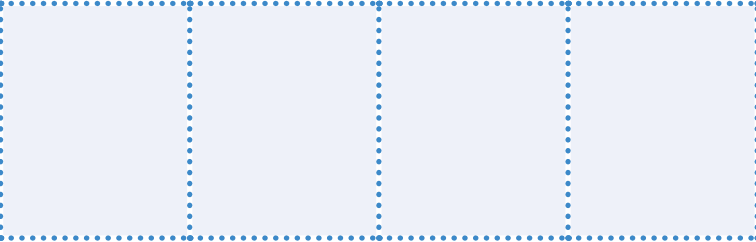
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# June 2017

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# July 2017

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31						

# August 2017

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*Thursday*

*Friday*

*Saturday*

*Sunday*

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10



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